

Search for Fit by Wix in the App Store or Google Play, or use these links:

[IOS App download link](#)

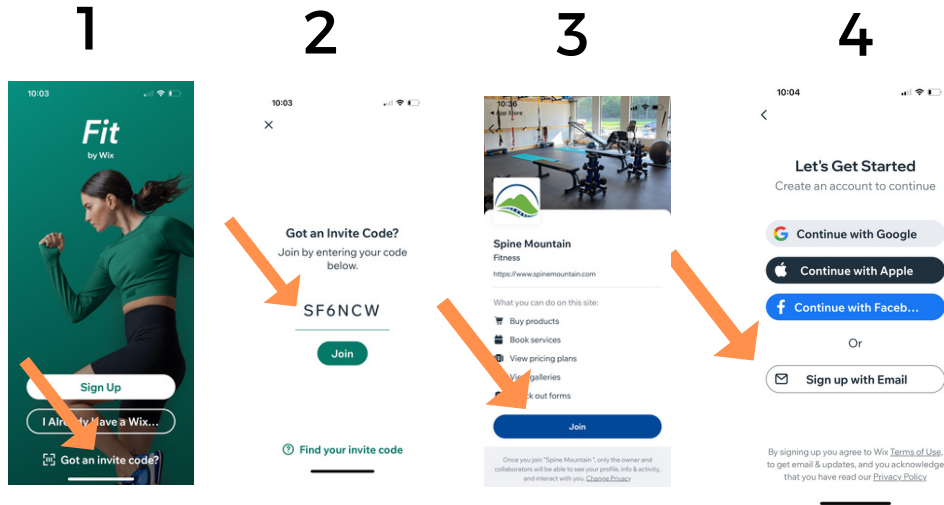
[Android App download link](#)

1. After downloading the app, open it and click on “Got an Invite code?” at bottom of screen.

2. Enter this invite code: **SF6NCW**

3. Click “Join”

4. Click “Sign up with Email”. **Use the same email and password you used to create an account on the Spine Mountain website.**

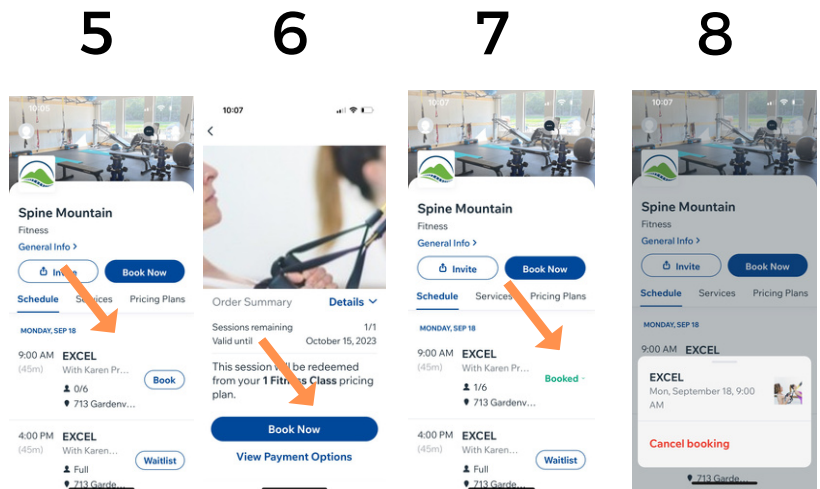


5. After you login, you will be able to see the class schedule. Click “Book” to select a class.

6. Click “Book Now” to reserve your spot in the class.

7. You will be able to see your booked classes on the main page.

8. To cancel a class booking, click on the class, and click “Cancel booking”.



9. If a class says “Waitlist”, it means that all spots are reserved, but you can add yourself to the list.

10. The word “Waitlist” will appear if you are on the list.

11. You can remove yourself from a waitlist by clicking on the class and clicking “Leave Waitlist”.

